



## Players' Code of Ethics

Play by the rules.

Never argue with an official; if you disagree, have your coach approach the official during a break or after the match.

Control your temper. Verbal abuse of officials or other players, deliberately distracting or provoking an opponent is not acceptable or permitted.

Be a good sport. Applaud all good players whether they are part of your team or the opposition.

Treat all players as you would like to be treated. Do not take an unfair advantage of another player.

Do not swear.

If you are sent from the field, do so immediately – do not disagree.

Respect other people's property and equipment.

Work equally hard for yourself and your team. Your team's performance will benefit; so will you.

Cooperate with your coach, team mates and opponents. Without them, there would be no competition.

Participate for your own enjoyment and benefit, not just to please parents and coaches.

Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.

Strive for personal excellence.

Learn to value honest effort, skilled performance and improvement.

There are no short cuts; nothing beats hard work and having the right attitude.