

The DHS Herald

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Durban High School
Head Master : A D Pinheiro



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Upcoming Events

- ◆ Chess Tour to Grey, Bloem
- ◆ Fixtures vs Northwood (h)
- ◆ D&D Gala - Compulsory for Grade 8s
- ◆ Test Period
- ◆ Rowing Regatta
- ◆ U14A Water Polo Tour
- ◆ Rugby vs Sarel Celliers
- ◆ Electives Begin
- ◆ **SGB ELECTIONS**

Scott Mathie Attends IRANZ HP Course

The IRANZ High Performance coaching course held at the Rugby institute in New Zealand was the most valuable experience I've had as a coach so far. Held in the small town of Palmerston North on the North Island, at Massey University, the institute provided a full schedule of workshops, presentations and coaching by a plethora of experienced and distinguished coaches.

Unlike any other coaching course, it is the open minded and sharing approach of the New Zealand coaching community that inspires like nothing else. Their genuine love for fresh ideas and their hunger to learn is matched by their own meticulous attention to detail. The modules covered were high in detail and open to conversation. Not only were we participants in these, but were challenged throughout, having to prepare our own presentations and coaching practicals amongst all our learning.

The course was littered with All Blacks; not just ex-players but also ex-players who have subsequently become good coaches. Filo Tiatia, Rodney So'ala, Greg Somerville, Chris Jack, Jon Preston and Eroni Clarke, to name a few. However, the highlight of the course came in the sessions we had with current All Black Scrum and Restarts coach, Mike Cron. The 70 year old coach exuded wisdom and was constantly exploring new ideas, making him one of the most creative coaches I have met.

The course schedule was very tight and saw our days spanning from 8am to 9.30pm every day. There was a great deal of information to process, but the

experience was grand. We were afforded the opportunity to have the first weekend off. We stayed on a boat in Wellington, sailing to multiple fishing sites around the area. The chance to dive for some Perlemoen was a highlight and provided a very delicious brunch!

The course also allowed the coaches to work with a group of young players attending the course; coincidentally, this included ex-DHS 1st XV rugby player, Gareth Simpson, who acquitted himself in the perfect manner, being awarded with the MVP of their 3-week course.

I have undoubtedly been challenged by the course and cannot wait to process the information and start implementing some of the many ideas I have learnt. I cannot thank The DHS Foundation and Head Master, Mr Pinheiro, enough for giving me the opportunity to enhance my knowledge further in the game of rugby. I have no doubt it will be greatly beneficial for DHS in the coming years!

Scott Mathie
Head of Rugby
1st XV Rugby Coach





Pepis is selected for Junior Springbok Squad!



The new Grade 8 RCL members, Khalil Alwar (left) and Zak Smith (right), with Chairman of the RCL, Ethan Mack



Rivaldo Soni was placed 1st in KZN in U15 Badminton!

Nhlakanipho Nene won R2 500,00 from Futurelife



Nibs van der Spuy and Yasamin Shah Hosseini performing in the Chris Seabrooke Music Centre

Pepsi Selected for Junior Springbok Squad!

Congratulations to Phendulani Buthelezi, Old Boy, and Head Prefect in 2017, who was today named as a member of the Junior Springboks' 43-man squad to take part in a four-day training camp in Stellenbosch from 20 to 23 February.

The camp will be the first of three to take place in Stellenbosch, the last of which will finish on 30 March.

Congratulations!

Congratulations to the following young men:

Khalil Alwar (Grade 8D) and **Zak Smith** (Grade 8N) have been voted by the Grade 8s to be the Grade 8 Representatives on the RCL.

Rivaldo Soni participated in the KZN Regional Badminton Tournament at the KZN

Nibs van der Spuy in Concert @ DHS

We were privileged this week to have Nibs van der Spuy, one of the most extraordinary and exciting world acoustic guitarists to come out of South Africa, perform at DHS in the Chris Seabrooke Music Centre.

Nibs has been touring the country on his 'Roots & Clouds' tour, in collaboration with professional Persian Oud player and instructor, Yasamin Shah Hosseini from Tehran, Iran. (The Oud is a stringed guitar-like instrument.)

"Virtuosic and with soul beyond her years, her playing exudes a beauty and wisdom which comes from that deep and sacred place" says Nibs about Yasamin.

Nibs and Yasamin performed a short lunch-time concert, a workshop with our Music Boys and a concert in the evening.

The Junior Boks will also play five international friendlies against Georgia (twice), Scotland, Wales and England in the build-up to the U20 Championship.

Well done, Pepsi, we are SO super proud of you! Horsefly 'til I die ...

Badminton Hall. He was placed first in KZN in the U15 Singles and first in the U15 Doubles.

Nhlakanipho Nene won R2500,00 for collecting the most Futurelife logos in the Futurelife School's Nutrition Competition.

Well done on your achievements, Gentlemen!

The Lunch Hour Concert, our first for the year, was a wonderful taster for their evening concert, just enough to whet the appetite.

The workshop with the boys was highly interesting and educational. The Boys, and Head of the Music Centre, Natalie Rungan, were extremely happy with all that they learnt.

Finally, the evening concert was magnificent. Deputy Head Master, Mr Gavin Goodwin, attended the show and said the show was "thoroughly enjoyable; a unique blend of musical instruments".

Thank you to Nibs and Yasamin for fitting us into your busy schedule. And thank you to the Director of the Chris Seabrooke Music Centre, Ms Natalie Rungan, for organising the event.



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Sailing Club

This weekend Cameron and Joshua Crickmore participated in the Midmar 9 hour endurance sailing race, hosted by Henley Midmar Yacht Club.

This was a tough first race to enter and they acquitted themselves exceptionally well, sailing in a very experienced field. They sailed as a team on the Halcat Cat-A-Tak and were placed 25th overall, winning the Handicap honours and Line honours for the Junior Fleet.

Well done, Joshua and Cameron - this is a fantastic achievement for sailors with 7 months experience!



*Cameron and Joshua
Crickmore*

The Weeks Ahead

Friday 23 February

KZN Basketball Trials @ College
Water Polo vs Northwood (h)
Squash vs Northwood : 1st & 2nd
Teams @ 15h00 (h)
Cricket vs Northwood (h) & (a)
Chess Championships @ Grey,
Bloem : 22 to 25 February

Saturday 24 February

Cricket / Basketball vs Northwood
(h)
Academic Development
Programme : 08h00 - 14h30

Sunday 25 February

Lead Climbing Round 1 @ Kloof
High : 07h30

Tuesday 27 February

D&D Gala @ Kings Park : 18h00 :
Compulsory Attendance for
Grade 8s

Thursday 1 March

Test Period : Grade 8 HIST, Grade 9
MATH, Grade 10-12 LFSC
Senior Debating @ Glenwood

Friday 2 March

Rowing Regatta @ Roodeplaat Dam,
Johannesburg : 2-4 March
Water Polo : U14A to Jeppe Boys :
2-4 March

Saturday 3 March

Sunfoil Cricket (h)
Basketball vs Kingsway
Rugby A Teams vs Sarel Celliers (a)
Water Polo vs St Charles & Thomas
More

Sunday 4 March

Outdoor Climbing : Venue TBC

Wednesday 7 March

SGB PARENT ELECTIONS : 17H30 :
AJ HUMAN ROOM

This Weekend's Fixtures

CRICKET vs NORTHWOOD (h) : Friday 23 February

Team	Time	Venue	Format
3 rd XI	14h30	Theobald Oval	20
4 th XI	14h30	Smith Oval	20
U15B	14h30	Pollock Oval	20
U14B	14h30	Whitfield Oval	20
U14C	14h30	Atholton Primary	20

WATER POLO vs NORTHWOOD (h) : Friday 23 February

Team	Time	Venue	Team	Time	Venue
1 st	16h30	DHS	U15A	15h50	DHS
U14A	15h10	DHS	U14B	14h30	DHS

CRICKET vs NORTHWOOD (h) : Saturday 24 February

Team	Time	Venue	Format
1 st XI	09h00	Theobald Oval	50
2 nd XI	09h00	Smith Oval	50
U16A	09h00	Collegians	50
U16B	09h00	Crusaders 2	20
U15A	09h00	Pollock Oval	50
U14A	09h00	Whitfield Oval	50
U14D	13h30	Virginia Primary	20
U14E	13h00	Atholton Primary	20

BASKETBALL vs WESTVILLE BOYS' (h) : Saturday 24 February

Team	Time	Venue	Team	Time	Venue
1 st	12h30	DHS Court 1	2 nd	11h30	DHS Court 1
U16A	10h30	DHS Court 1	U16B	11h30	DHS Court 2
U15A	08h30	DHS Court 1	U15B	09h30	DHS Court 1
U15C	10h30	DHS Court 2	U15D	10h30	DHS Court 3
U14A	08h30	DHS Court 2	U14B	09h30	DHS Court 2
U14C	08h30	DHS Court 3	U14D	09h30	DHS Court 3
U14E	11H30	DHS Court 3			

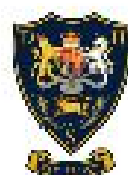


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