

# The DHS Herald

27 July 2018  
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Durban High School  
Head Master : A D Pinheiro



Est. 1866

## Contents

<a href="#">DHS 1<sup>st</sup> XV Record Breaking Season!</a>	1
<a href="#">Blood Bank Clinic - The Benefits of Donating Blood</a>	2
<a href="#">Extra Mural Results</a>	3
<a href="#">Extra Mural Results cont'd</a>	4
<a href="#">Mandela Month</a>	4
<a href="#">The Weeks Ahead</a>	5
<a href="#">This Weekend's Fixtures</a>	5
<a href="#">DHS TV &amp; the Matric Dance</a>	5
<a href="#">Mandela Month Poster, isiZulu Cultural Evening Poster, DHS TV</a>	6-8

## Upcoming Events

- ◆ Interventions Evenings
- ◆ Rugby vs KZN Development
- ◆ Water Polo vs Michaelhouse
- ◆ **MATRIC DANCE!!**
- ◆ Blood Bank
- ◆ SCHOOL PHOTOS
- ◆ National Science Olympiad
- ◆ DHS U12 Rugby Sevens Tournament
- ◆ Football vs St Charles
- ◆ D&D Chess Finals

## DHS 1<sup>st</sup> XV's Record Breaking Season!

The DHS First XV broke through many barriers this year, achieving and breaking several records which have instilled immense pride once again into all those who follow and support DHS Rugby.

### Easter Rugby Festival:

The First XV was unbeaten at the Kearsney Easter Rugby Festival, winning their games against Selborne College, Queen's College and Dale College.

This is the first time since 1995 that a DHS First XV was unbeaten at an Easter Rugby Festival, and only the second DHS First XV to do so. They are also the first DHS First XV to beat Selborne since 1996.

### Domestic Season:

The First XV was unbeaten at home this season, which makes it the first time since 2003 that a DHS First XV was unbeaten at home.

The 60-10 victory over Westville was the first time that a DHS First XV scored 60 points against Westville; this also resulted in the greatest winning margin (50 points) since we started playing against them.

The "double" was achieved over Westville this year; the last time back-to-back victories were achieved against them was in the 2002 and 2003 seasons.

The 50-27 victory over Northwood was the first time a DHS First XV scored 50 points on Northwood's main field.

2017 was the first time a DHS First XV scored more than 40 points against Maritzburg College, and this was achieved on Goldstone's. 2018 saw another win for DHS against College and on this occasion it was the first time that a DHS First XV scored more than 40 points on Van Heerden's against a College First XV. Although we no longer play College twice a year, this year's victory ensured the first back-to-back victories against College since 1999.

The 41-34 win over Kearsney College was the first time that a DHS First XV scored over 40 points against Kearsney. The victories over Kearsney in 2017 and 2018 make it the first back-to-back victories against them since the 1999 and 2000 seasons.

The two victories over Michaelhouse in 2017 and 2018 also ensured the first back-to-back victories since 2010 and 2011.

School is tremendously proud of all the boys, coaches and staff involved in the success of the First XV this year.

Lyle Matthysen  
Marketing

Thank you to Lyle Matthysen who took the time to dig in School's archives to secure and confirm all the results and information that was needed for this report.



*The DHS 1<sup>st</sup> XV*



*Storm von Mollendorff with the book he used to research his Blood donor article*

**DURBAN HIGH SCHOOL (DHS)**  
PRESENTS  
5<sup>th</sup> ANNUAL CELEBRATION  
**ISIZULU CULTURAL EVENING**  
17<sup>th</sup> AUGUST | 17h30 FOR 18h00  
@ D.C. Thompson Hall (DHS)  
HOSTED BY: OUR VERY OWN DHS SINGERS & DANCERS  
DJ SOX  
GUEST ARTISTS:  
NORTHLANDS GIRLS DANVILLE GIRLS  
TICKETS R100 (SHOW ONLY)  
R170 (SHOW AND REFRESHMENTS)  
ENQUIRIES: (031) 277 1500

*This year's isiZulu Cultural Evening is to be held on Friday 17 August in the DC Thompson Hall*

## Blood Bank Clinic - the Benefits of Donating Blood

The South African National Blood Service (SANBS) will be holding their termly blood donor clinic at DHS on Monday 30 July. This is a vital service that plays a huge role in saving lives.

One of our young Grade 8s, Storm von Mollendorff, feels quite passionately about blood donating and has done some research and written an article as he would like to encourage as many people as possible to donate and save lives. This is his article.

### *"How the brain works"*

The brain contains over 100 billion nerve cells which are known as neurons. Each neuron has a tail-like appendage known as the axon. These axons develop dendrites - from the Greek word Dendron meaning tree. Synapses are small gaps between the dendrites and neurons.

### *What do these key parts of our body do?*

In the simplest way, the neurons allow an electrical current to flow through the neurons and through the axon through the synapse to another axon down to the dendrites and process repeats itself.

### *What does this have to do with blood donation?*

Well, for those people who hate needles, this is for you. The reason those needles scare you is because your heart starts beating faster and therefore a message of fear is sent to your brain. Studies have proven that at least 80% of humans that suppress their fear of needles meditate, thereby overcoming their fear of needles and fact that they are giving their own blood.

*You could be saving someone else's life*

1000s of people would die daily if there were no blood donors. One unit of blood can save up to three lives. When one donates blood you give others a gift money cannot buy or science cannot create.

### *What benefits do I receive?*

When you give blood your own blood is then replaced by new and healthier blood in your body.

In addition, giving blood regularly reduces your risk of heart problems by up to 88% as it reduces your blood viscosity. In other words it prevents your blood from getting thick and sticky which causes your artery walls to thicken which in turn causes cardiovascular disease, the leading cause of death.

In other words, giving blood is also good for you too ... so it is definitely a win, win!

### *How many lives can you save?*

If you donate regularly from the age of 17 to 57 you could save over 1000 people! Well actually ... 10001 lives, if you include your own.

I encourage all DHS Boys, Staff and Parents that can donate to please do so and support this drive.

So, let's start meditating and saving lives!"

Storm Mollendorff  
Grade 8N

Thank you, Storm, for your informative and interesting article.

See you at the Blood Clinic!!!

## Extra Mural Results

### RUGBY vs WOODHOUSE GROVE SCHOOL

#### 1<sup>st</sup> XV Rugby : Match Report 12-9 Win

The final game of the DHS 1<sup>st</sup> XV season took place under lights in a highly combative fixture against one of the top rugby schools in the UK, namely Woodhouse Grove School. It was a game that was defined by the amount of gruesome collisions and proved an excellent fixture for both sides. It also was a grand reminder of the importance of rugby in society and how it builds relationships across the globe for an entire lifetime.

After the unexpected defeat against Parktown it was important that "School" rally hard and produce the effort and physicality that has become associated with their game of late. The reaction was good and although the "Horseflies" struggled to exit well on the day (as regular flyhalf Shakur La Douce was unavailable due to injury), their defence was resolute. The poor exits meant DHS had to defend a large portion of the first half in their own 22m. The structured hard running game of our UK counterparts was very abrasive, but the smaller and combative DHS boys defended with pride, thwarting all their efforts on the night. It was great to see that desperation back in our defence, and it laid the platform for us to win the game.

The team struggled to win any lineout ball in the first half, which denied us a lot of possession. Woodhouse were able to add two converted penalties to their score-line, leaving the score at 6-0 at the break. Although lacking possession, School were able to show more X-factor moments on

the night and always had the ability to break the game open. This proved difficult, however, given the quality of the opposition defence.

The 2<sup>nd</sup> half brought slightly more composure, as School were able to sort out their lineouts and started to see more ball. DHS eventually took the lead when Captain, Celimpilo Gumede, hammered the line in the 22m to offload sublimely to Centre, Macneil Jenner, to dash over for our first score. The try was converted by Sfundo Mkhwanazi.

With a 7-6 lead heading into the last 10 minutes, DHS were fighting to preserve their unbeaten season at home. This was put in peril when the opposition were able to execute a well-timed drop goal to take the scores to 7-9 in favour of the touring team. But like most of this season, "Cometh the man, cometh the hour", Captain Gumede broke from a scrum from his own 22m to gallop the whole length of the field, chip the full back and gather with only 5 minutes remaining on the clock. DHS thought they were going to take the lead only to see the Captain knock the ball on over the line! However, this attack took DHS into their opposition 22m and from a subsequent penalty, a quick thinking tap and go from Flanker, Asande Mnguni, freed up enough space to force an offload to Gumede who crashed over to score with very little time left.

It was a hard fought victory that encapsulated the hard work the team put in on the night and ensured that the 1<sup>st</sup> XV went unbeaten on Van Heerden's this season, a feat that had not been achieved in a very long time. Many thanks go to the coaching team and players for all their efforts this year. We must also thank all the Old Boys whose

unwavering support of the rugby programme has been a major influence in our success this year. With your continued support we look forward to many more fruitful seasons on the famous Van Heerden's.

Scott Mathie  
1<sup>st</sup> XV Rugby Coach  
Head of Rugby

### RUGBY vs WOODHOUSE GROVE

	DHS	Woodhouse
1 <sup>st</sup> XV	12	9
2 <sup>nd</sup> XV		

### RUGBY vs PARKTOWN BOYS' HIGH

#### 1<sup>st</sup> XV Match Report

DHS's rugby venture into 3<sup>rd</sup> term rugby proved to be a very disappointing one for the 1<sup>st</sup> XV, as they failed to arrive against a highly combative Parktown Boys' High. The final score was 25-51 in favour of the hosts. It was a lacklustre performance from the "Horseflies" as their usual aggressive nature was completely drowned out by a dominant forward display from the Parktown pack.

DHS had no response to multiple line-out drives that resulted in 4 tries. Parktown's simple game plan involved consistent carries from their pack which continuously helped them gather momentum whenever they attacked. They held onto the ball extremely well and forced DHS to make tackle after tackle until they forced points or ill-discipline by DHS. The half-time break was 8-30 in favour of the hosts.

DHS rallied somewhat in the 2<sup>nd</sup> half but were unable to secure their defensive frailties in the collision. Two intercept tries ensured "School's" fate was sealed after some enterprising attack. The usual ingenuity and

## Extra Mural Results cont'd

creative attack was stymied by some courageous tackling from Parktown and a lack of work rate from DHS to get set early in good positions.

Ultimately it was a missed opportunity for DHS to really finish off their successful season on a high note. All credit to a complete performance from the hosts.

Point scorers for the fixture:

D Booysen - 5 points

S La Douce - 3 points

J Cedares - 5 points

M Ntuli - 5 points

1 Penalty try - 7 points

Scott Mathie  
1<sup>st</sup> XV Rugby Coach  
Director of Rugby

### Rugby vs Parktown Boys'

	DHS	Parktown
1 <sup>st</sup> XV	25	51
2 <sup>nd</sup> XV	14	50
3 <sup>rd</sup> XV	7	25
U16A	18	31
U15A	15	5
U15B	57	7
U15C	3	17
U14A	28	0
U14B	74	7
U14C	33	5

### CHESS vs PARKTOWN BOYS'

DHS	6
Parktown	1

### HOCKEY vs PARKTOWN BOYS'

	DHS	Parktown
1 <sup>st</sup> XV	1	7
U16A	1	4
U14A	4	0
U14B	0	3

### SQUASH vs PARKTOWN BOYS'

DHS	1
Parktown	12

### CROSS COUNTRY @ PARKTOWN BOYS'

#### Seniors

Position	Name
5 <sup>th</sup>	O Ohwaya
7 <sup>th</sup>	S Mbambo
8 <sup>th</sup>	S Gogobala
10 <sup>th</sup>	T Nkomo
12 <sup>th</sup>	C Crickmore
13 <sup>th</sup>	B Msomi

#### Juniors

Position	Name
5 <sup>th</sup>	A Buthelezi
6 <sup>th</sup>	S Mathonzi
7 <sup>th</sup>	J Abrahams
9 <sup>th</sup>	V Khuzwayo
10 <sup>th</sup>	M Mnembe

### INDOOR HOCKEY

	DHS	Opponent	
1 <sup>st</sup>	6	Westville	6
1 <sup>st</sup>	3	Glenwood	4

## Mandela Month

In the spirit of Mandela month Community Service at DHS will be running the following projects:

- Stationery donation for Sithokozile High School.**
  - 30 July to 3 August 2018.
  - new or old that is still in good condition.
  - pens, pencils, erasers, flip files, rulers, colouring pencils, Koki's, calculators, exam pads.
  - A box is at the reception area for boys to put their donations in.
- Monetary donation for Bright Eyes Centre for Visually Impaired kids.**
  - 30 July & 31 July 2018.
  - R10 = 1 hour community service only up to R50 = 5 Hours Community Service.
  - Money to be handed to the class tutors
  - Each donation made must be written onto the class list next to the boy's name.
  - Each boy must sign next to his name that he has donated that amount on the class list.
- Durban Youth Council will be selling blue ribbons to represent awareness against child abuse.**
  - 6 August to 10 August 2018.
  - Each Ribbon costs R10
  - The DYC and RCL boys will go to each class to sell directly to the boys.
  - The proceeds will go to the Ethelbert Child and Youth Centre.

Boys, Staff, Parents and Friends of DHS are urged to participate and support these worthy causes.

Thank you in advance for your support.

Ms Giselle Joshua  
M-i-C : Community Service

**Durban High School celebrates Mandela Month!**

In the spirit of Mandela Month, please support our projects:

- ❖ Donate stationery (new or good condition old) for Sithokozile High School - leave at Reception
- ❖ Donate money for Bright Eyes Centre for Visually Impaired children - give to your class tutor
- ❖ Buy Blue Ribbons for Child Abuse Awareness from the Durban Youth Council - purchase directly from members

For further information please contact:  
giselle.joshua@durbanhighschool.co.za  
Or 031-277 1500

#MANDELADAY



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*Inspired by our past,  
Committed to our future*

We're on the Web!  
[www.durbanhighschool.co.za](http://www.durbanhighschool.co.za)

## DHS TV & the Matric Dance

It is another big weekend for our Boys, especially the Matrics as they prepare for their Matric Dance at the Durban International Convention Centre. The good news is that you will be able to catch all the red carpet moments LIVE on DHS TV.

Click here ... [www.digitv.co.za](http://www.digitv.co.za) ...to sign up for one of their flexible packages, starting from as little as R50.

**Matric Dance!**

The arrival of the Grade 12 Boys at their Matric Dance on Saturday evening is going to be live-streamed!

Tune into DHS TV from 6pm to 7.30pm on Saturday 28 July to watch!

Go to [www.digitv.co.za](http://www.digitv.co.za) without delay to sign up for one of their flexible packages, starting from as little at R50!

DHS TV DIGI TV [www.digitv.co.za](http://www.digitv.co.za)

## The Weeks Ahead

### Saturday 28 July

Rugby vs KZN Development (h)  
Water Polo vs Michaelhouse @ Clifton  
Matric Dance : 18h00 : ICC

### Monday 30 July

Blood Bank Clinic : 08h30 to 14h00 : DC Thompson Hall  
U14 Indoor Hockey  
Grade 11 Intervention Evening : 17h30 : AJ Human Room

### Tuesday 31 July

School Photos : Grade 12s, Leadership & Cultural  
National Science Olympiad : Grade 9 NS & Grade 10-11 LFSC  
U16 Indoor Hockey  
Water Polo vs Glenwood @ Westville  
Grade 10 Intervention Evening : AJ Human Room : 17h30

### Wednesday 1 August

School Photos : Grade 8s & Sport  
Grade 9 Intervention Evening : 17h30 : AJ Human Room

### Thursday 2 August

National Science Olympiad : Grade 10-11 : PHSC  
Science Club : Bridge Building Competition  
Grade 8 Intervention Evening : 17h30 : AJ Human Room  
U18 Indoor Hockey

### Friday 3 August

DHS U12 Sevens Rugby Tournament : 3-4 August  
Poetry Club MIC : 15h00-16h30 : Seabrooke's Theatre  
Softball vs Westville/Northwood

### Saturday 4 August

Football vs St Charles (a)  
D&D Chess Finals

## This Weekend's Fixtures

### RUGBY vs KZN DEVELOPMENT : Saturday 28 July 2018

Team	Opponent	Team	Time	Venue	Referee
3 <sup>rd</sup> XV	Claremont	1 <sup>st</sup> XV	09h00	Van Heerden	Society
U16A	Kwadengezi	U16A	11h00	Van Heerden	Mr Mathie
U15A	Umlazi	U15A	10h00	Van Heerden	Society
U15B	Lindelani	U15A	09h00	Nourse	Mr van Rensburg
U15C	Hammarisdale	U15A	11h00	Nourse	Mr Pina
U14B	Ohlange	U14A	10h00	Nourse	Mr Matthysen
U14C	Eqinisweni	U14A	10h00	Sandford	Mr Diedericks

### Monday 6 August

U14 Indoor Hockey

### Tuesday 7 August

U16 Indoor Hockey  
Football vs Clifton

### Wednesday 8 August

Langley Day for Grade 6s  
Football vs Clifton  
Grade 12 External isiZulu Moderation  
Water Polo vs Hilton (a)

### Thursday 9 August

PUBLIC HOLIDAY - WOMEN'S DAY  
Out Weekend for the BE

### Friday 10 August

SCHOOL HOLIDAY

### Tuesday 14 August

Science Club - Eskom Expo for Young Scientists  
U16 Indoor Hockey  
Water Polo vs Kearsney

### Wednesday 15 August

KZN Drumline Competition

### Thursday 16 August

U18 Indoor Hockey

### Friday 17 August

Mentor Applications Close  
isiZulu Cultural Evening  
Rugby Sevens Tournament @ Glenwood

### Saturday 18 August

Football vs Glenwood (h)

### Sunday 19 August

Grade 8 & 9 BE Social  
Grade 10 Leadership Excursion to Khotso : 19 to 23 August

### Monday 20 August

Grade 11 Work Experience : 20-24 August



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For further information please contact:

[giselle.joshua@durbanhighschool.co.za](mailto:giselle.joshua@durbanhighschool.co.za)

Or 031-277 1500



# MANDELADAY





# DURBAN HIGH SCHOOL (DHS)

PRESENTS

5<sup>th</sup> ANNUAL CELEBRATION



# ISIZULU

# CULTURAL EVENING

**17<sup>TH</sup> AUGUST | 17h30 FOR 18h00**

**@ D.C. Thompson Hall (DHS)**



HOSTED BY: OUR VERY OWN DHS SINGERS & DANCERS



DJ SOX

GUEST ARTISTS →



NORTHLANDS GIRLS



DANVILLE GIRLS

TICKETS

R100 ( SHOW ONLY)

R170 ( SHOW AND REFRESHMENTS)

ENQUIRIES: (031) 277 1500